



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Summer Camp Staff Packing List

As you're deciding what to bring to camp, be sure to keep in mind the following:

1. This is a suggested packing list. Please be smart in what you bring.
2. **Pack for your activity.** If you're working at the waterfront or pool, you need extra swimsuits.
3. You will receive 6 staff shirts to wear daily, but it's a great idea to bring other shirts too. Please don't bring anything that advertises or is related to drugs, alcohol, sex, violence, tobacco, or that suggests intolerance or lack of respect to others.
4. Laundry machines are available at camp but can only be used in your time off.
5. If you bring something to camp, it may get dirty, lost, misplaced, or damaged.
6. If you have any questions on items you can or cannot bring, please email Patrick at [pgizinski@ymcade.org](mailto:pgizinski@ymcade.org)

Clothing:

- Undergarments
- Socks (if you think you have packed enough socks, think again...)
- Shoes:
  - Sandals/flip flops
  - Closed Toe Sneakers/Tennis Shoes (shoes you can run in)
  - Water Shoes (or shoes you don't mind that get ruined)
  - Shower shoes (cheap flip flops are great)
  - Rain Boots (optional)
- Shorts
- A few Jeans/Pants
- T-Shirts (you will be provided with 6 staff shirts to be worn daily)
- Sweatshirts/Long Sleeved Shirts/Light Jacket
- Hat
- Pajamas
- 2-5 Bathing Suits
- WATERPROOF Jacket
- Laundry Detergent
- Nice summer outfits for banquets/days off

Shower Things:

- Toiletries (**DEODERANT**, toothpaste, toothbrush, shower stuff such as soap, shampoo, etc.)
- 4 Towels (2 for swimming and 2 for showering)
- Shower Caddy to keep your things in (not mandatory, but super helpful)
- Prescription and regularly used over the counter medications (these need to be kept with the nurse)
  - We do have common over-the-counter medications at camp (Tylenol, Advil, Benadryl, Sudafed, Mylanta, etc.) so there's no need to bring those, unless you will be using them regularly. We don't allow medications to be kept in the cabins during the camp sessions

Bedding:

- **International Staff:**
  - You do not need to bring bedding. You will pay a \$20 deposit and they will be provided for you.
- **American Staff:**
  - Pillow
  - Blankets/Comforter/Sleeping Bag
  - 1 set of sheets – 2 if you like being extra clean!

Things that you will always use:

- Book Bag/ day pack
- Bug Spray & Sunscreen
- Watch – your cell phone will not be used as a timepiece
- Water Bottle – reusable (insulated is best)
- Flashlight
- Sunglasses
- Fold up camp chair
- Mattress Pad
- Fan
- Laundry Detergent

Things that you might use:

- Something to put dirty clothes in
- Bandana
- Extra Stuffed Animal (to lend to homesick campers if you want)
- Dress Up Clothes/Crazy Costumes
- Clipboard, Pens & Pencils
- Camera
- Books to read to campers before bed
- Musical Instrument
- Sporting Equipment/Shoes
- Games to play with campers (Uno, deck of cards, Frisbee...)
- Padlock/Combination Lock (international staff)

**ANYTHING THAT YOU DON'T BRING YOU CAN PURCHASE AT WAL MART WHEN YOU ARRIVE**

Please remember that Camp Tockwoh is not responsible for anything that's lost or stolen.