



CAMP TOCKWOGH SEFC ACTIVITY SCHEDULE 2023

MORNING OPEN ACTIVITIES 9:30am-12:00pm

- Kid Zone (ages 3-11)
- Rope Course Elements
- Pool
- Axe throwing
- Waterskiing & Wakeboarding (off the beach)
- Sailing (Sunfish and Flying Scots!)
- Tubing
- Motorboat Rides
- Paddlesports (Canoe, Kayak, Paddleboard, Corcl)
- Self-led athletics (basketball, tennis, volleyball, etc) and hiking trails!

SIGN-UP ACTIVITIES

Sign-ups will be following meals on the front porch of the Dining Hall

- Still Pond Skiing & Wakeboarding
Under 16 must be accompanied by adult!
- Select Ropes Course Elements!
Must be at least 10 years old

AFTERNOON OPEN ACTIVITIES 2:30pm-5:00pm

- Arts & Crafts
- Archery
- Climbing Wall or Ropes Course
- Pool (with Waterslide!)
- Waterskiing & Wakeboarding (off the beach)
- Sailing (Sunfish and Flying Scots!)
- Tubing & Motorboat Rides
- Paddlesports (Canoe, Kayak, Paddleboard, Corcl)
- Self-led athletics (basketball, tennis, volleyball, etc) and hiking trails!

ROPES COURSE

MONDAY	AM: Giant Swing PM: Climbing Wall
TUESDAY	AM: Trapeze PM: Full High Ropes Course*
WEDNESDAY	AM: Jacob's Ladder PM: Climbing Wall
THURSDAY	AM: Leap of Faith PM: Low Ropes*
FRIDAY	AM: Climbing Wall PM: Full High Ropes Course!*
SATURDAY	AM: Giant Swing/Leap of Faith PM: Climbing Wall
SUNDAY	AM: Climbing Wall

* = Require Pre-Signup
Must be 10+ for Giant Swing, Trapeze, Jacob's Ladder, Leap of Faith, & Full Course

Lap Swim

7am-7:45am Every Morning Monday - Saturday

Camp Store

OPEN MON, TUES, THURS,
SAT 1:15pm to 2pm and all
SUN morning

Special Activities

Bike to Betterton - Tuesday
at 11am
Relay Race - Saturday at
6:15pm

ARTS AND CRAFTS

Open in afternoon only!

MONDAY	Melty Bead Art
TUESDAY	TIEDYE
WEDNESDAY	Metal Stamping
THURSDAY	TIEDYE
FRIDAY	Spray Paint Art
SATURDAY	TIE DYE
SUNDAY	T-shirt Pick up!

*Please listen to announcements as activities may change. All activities are weather dependent!

EVENING ACTIVITIES SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>OPENING CAMPFIRE @ 7pm</p>	<p>POOL PARTY @ 7:30PM</p> <p>CARDBOARD BOX REGATTA @8PM</p>	<p>MAIN BEACH CRAB FEST @ 6:15pm</p> <p>BEACH PARTY ACTIVITIES @ 7pm</p>	<p>CAMPER vs. STAFF SOFTBALL GAME @ 5pm</p> <p>BBQ @ Rec Hall</p> <p>MOVIE NIGHT @8:30pm</p>	<p>TOURNAMENT NIGHT @7pm</p> <p>KIDS STORYTELLING EVENT @ 7:30pm</p>	<p>CONCERT ON THE MAF @ 7:30pm</p>	<p>RELAY RACE 6:15pm</p> <p>CAMPFIRE/ TALENT SHOW @7pm</p>

Opening Ceremonies/Campfire: Join us at 7pm on Sunday night for Opening Campfire. Our staff will put on some skits to introduce themselves and share some of their favorite camp songs!

Pool Party: Join us for an evening swim! The waterslide will be open. Cardboard Box Regatta will happen promptly at 8pm.

Main Beach Luau & Crab Feast: Come to the beautiful Main Beach to pick crabs, enjoy music, participate in activities, and watch the famous camp sunset. From tubing rides to s'mores, there will be something for all! Don't forget your Hawaiian shirt.

Camper vs. Staff Softball: Lace up your shoes and join us on the Main Athletic Field as Camp Tockwogh staff take on the Family Camper in a softball game. Must be 16+ to play.

BBQ Dinner: During the softball game, a BBQ dinner will be served at the Rec Hall.

Movie Night: Bring a blanket and join us under the stars for a family friendly film on the Main Athletic Field!

Tournament Night: Throughout the week, there will be various tournaments to compete in and on this evening will be the finals!

Storytelling for Kids: Kiddos get ready to hear some of Tockwogh staff's best campfire stories! S'mores will be provided behind the old dining hall!

Concert on the MAF: Time for all the campers to bring their best dance moves and enjoy a live band on the Main Athletic Field.

Relay Race: Grab a team of 5 and choose your event. Race starts 6:15pm at main beach.

Closing Camp Fire: We encourage any performers to prepare a skit, song, or any other campfire traditions. Sign up in the Dining Hall to perform!

IMPORTANT INFORMATION!

INCLEMENT WEATHER

If a storm is approaching, you will hear an alarm sound across camp. At this time, all outdoor camp activities will close until the "All Clear" alarm is heard. We recommend staying inside during storms, as camp storms can have severe lightning and strong winds. In light rain- activities will operate on a case-by-case basis. Our waterfront activities may close in the case of strong winds or rough waters.

CHILD SUPERVISION

Children under the age of 12 must be supervised by a parent or guardian at camp activities. Our staff members at activities are not responsible for supervision. If you are leaving the camp premises, please leave another adult in charge of your kids. Camp provides Kid Zone (child care) for ages 3 to 11 from 9am to noon each day.

BICYCLES

Family campers may ride bicycles around camp. Please wear a helmet when you do so! When parking your bikes, please keep roads and pathways clear, especially around the Dining Hall and on the Main Beach Hill.

QUIET HOURS

Quiet hours in the villages are in affect from 10pm until 7am. Please respect this so all our campers can get a peaceful sleep!

ICE

Ice is available in the Dining Hall. Bags will be premade and can be accessed in the outdoor walk-in freezer around the back at the loading dock. If you need assistance, please ask a Tockwogh staff member!

PIZZA ORDERS

Pizza may be ordered throughout the week from Marzella's By the Bay (410-348-5555). Menus should be available in the Dining Hall. All orders must be picked up from the Dining Hall and payment by card is preferred!

HEALTHCARE

There is no designated health care provider during Family Camp. Parents are responsible for their family member's health and should bring over the counter medication and first aid supplies. If a camper has a serious injury or illness, please notify camp staff. Closest hospital 20 minutes away is the UM Shore Medical Center in Chestertown. The closest Urgent Care is in Middletown, DE.

EMERGENCIES

First aid kits are located at all activity areas and all camp staff are First Aid Certified. In case of a serious injury or emergency, please alert a Tockwogh staff. We have emergency procedures in place for alerting medical assistance. Radios are accessible in the Main Office, and Conference center. A camp director is on-duty at all times and will respond to radio calls. AEDs and Rescue equipment are located at the Dining Hall, Wellness Center, Pool, Main Beach, Conference Center, and Ad Building.

INTERNET ACCESS

Wi-Fi will be available in the Dining Hall and Main Office. The password will be posted. We cannot guarantee the speed of the internet. Guests must use the internet responsibly. If you require use of a landline phone, please let us know and we can help you in the office.

PERSONAL BELONGINGS

Camp Tockwogh is not liable for any lost, stolen, or damaged property. Please leave anything of value at home.

DINING HALL PROCEDURES

Setting the table

- Fifteen minutes before the meal waiters will meet in the dining hall to set out anything needed!

Serving Food

- After grace, one adult should bring the serving tray to the table, unload the serving dishes and return the tray to the rack.
- If you run out of food, take the empty serving dishes to the breezeway to get them filled.

Clearing Table

- Scrape off plates and serving dishes into trash and stack. Empty cups into picture and stack.
- Pitchers will go on the rack near the drink station. Place serving utensils in the pitchers.
- Separate all silverware by type and put them in the proper bin labeled on the front table.
- Bring all dishes to the front dirty dish table to be sorted and brought to the dish room.

After Announcements- STACK, SWEEP & WIPE!

MEAL TIMES

Breakfast	8:00am
Lunch	12:30pm
Dinner	5:30pm

FAMILY CAMP RULES

- Don't enter any program area until a Tockwogh staff member is present and allows you to enter.
- Everyone must wear a lifejacket while at the beach if they are on the dock, in the water, or on a boat.
- Know where your children are at all times. We ask that you do not allow children under the age of 12 to be left unsupervised at a camp activity.
- No bare feet, except at the beach or in the pool area.
- Camp is a smoke free environment. Please refrain from smoking within camp gates.
- ALCOHOL POLICY:
 - Family Campers may bring their own alcohol to consume only at/around their cabin or at certain nighttime events if they are of legal drinking age. These events include: Crab feast beach party, Tennis tournaments, and other camp-approved events like birthday parties or farewell parties.
 - Please do not provide, or allow anyone in your group to provide, alcohol to any of our staff members under the age of 21. Our staff are only allowed to drink if you personally invite them to your cabin/village, offer it to them, and they are off work for the evening.
 - Alcohol should not be consumed in public areas such as the Dining Hall, the pool, Main beach, etc.
 - If you notice or suspect any inappropriate staff behavior, please let Julia or another Director know!
- Anyone over the age 16 years old that would like to fish in the Chesapeake Bay will need to purchase a fishing license at <https://compass.dnr.maryland.gov/>
- Lost & Found will be located at the Lost & Found post out front of the Ad Building. Please check for any items before you depart.

FOLLOW US ON SOCIAL MEDIA!



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